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1. (Once Amended) A sweetening composition comprising:
at least one sweetening agent comprising a polyol; and
inulin, which comprises at least about 25 percent by weight of the
combination of said at least one sweetening agent and said inulin.

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7. (Once Amended) The composition of claim 1, wherein said sweetening agent further comprises a monosaccharide selected from the group consisting of glyceraldehyde, erythrose, threose, ribose, arabinose, xylose, lyxose, allose, altrose, glucose, mannose, gulose, idose, galactose, talose, dihydroxyacetone, erythrulose, ribulose, xylulose, psicose, fructose, sorbose, tagatose, and combinations thereof.

8. (Once Amended) The composition of claim 7, wherein said monosaccharide is selected from the group consisting of fructose, glucose, and a combination thereof.

9. (Once Amended) The composition of claim 7, wherein said monosaccharide comprises fructose.

10. (Once Amended) The composition of claim 1, wherein said sweetening agent further comprises a disaccharide selected from the group consisting of maltose, lactose, sucrose, isomaltulose, maltulose, isomaltose, cellobiose, and combinations thereof.

11. (Once Amended) The composition of claim 10, wherein said disaccharide comprises maltose.

12. (Once Amended) The composition of claim 10, wherein said disaccharide comprises lactose.

13. (Once Amended) A sweetening composition comprising:
a sweetening agent comprising a polyol and fructose; and

AB inulin, which comprises at least about 25 percent by weight of the combination of said sweetening agent and said inulin.

14. (Once Amended) The composition of claim 13, wherein said polyol comprises xylitol.

A3 21. (Once Amended) A sweetening composition comprising:
a sweetening agent comprising xylitol, lactose, and fructose; and
inulin, which comprises at least about 25 percent by weight of the combination of said sweetening agent and said inulin.

A4 26. (Once Amended) A method for preparing a foodstuff comprised of a plurality of ingredients, said method comprising:
(a) combining a first of said ingredients with at least one sweetening agent comprising a polyol; and
(b) combining a second of said ingredients with inulin in an amount which comprises at least about 25 percent by weight of the combination of said at least one sweetening agent and said inulin; wherein
said first and said second of said ingredients are either the same ingredient or else different ingredients.

AS 28. (Once Amended) A method for preparing a foodstuff, said method comprising:

adding to said foodstuff:

- (i) at least one sweetening agent comprising a polyol; and
- (ii) inulin, which comprises at least about 25 percent by weight of the combination of said at least one sweetening agent and said inulin; wherein

said at least one sweetening agent and said inulin are added to said foodstuff either in combination at the same time, or else in separate portions at different times.